

# The Hawk's Eye

Weekly News from Hope Elementary School



## Student Council Food Drive

HES donated more than 650 pounds of food which was delivered by the Student Council to the AIO Food Pantry in Rockland. Students unpacked and organized food and helped with other tasks at the food pantry. HES donated enough food to feed 250 area families for a week! Thank you to everyone who made this happen!

**Another big shout-out to Ms. Fiano for a wonderful concert for grades 5-8! Thanks to everyone who helped make this event so successful.**

## Upcoming Events for Your Calendar

Dec. 22nd - Early release (11:30AM) for students & staff  
 Dec. 23rd - Jan. 2nd - Holiday break (No School)  
 Jan. 9th - HES Volunteers meeting (6:30PM)  
 Jan. 13th - Hope Chess Club begins (2-3PM)  
 Jan. 16th - No School - Martin Luther King, Jr. Day  
 Jan. 17th - HES School Committee meeting (6PM)  
 Feb. 9th - Parent/Teacher conferences for 8th grade  
 Feb. 20th-24th - Winter Break (No School)



Happy Holidays! Here's wishing you all the joys of the season and happiness all throughout the upcoming year.



## Chess Club

Chess Club is coming back to HES Fridays 2-3 pm for grades 3-8 (K-2 accompanied by an adult) starting January 13th. See page 4 for more details!



Busline League Basketball schedule on page 3!

## Fourth Grade

Thank you to Chris Walkup for working with fourth grade this week to create whimsical gnome ornaments out of glass.



## Hope Elementary School Menu

## December 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Hot Dogs Fruit/Veggies/Milk B: Cereal Bars	Pepperoni Pizza Fruit/Veggies/Milk B: Fruit Salad
5	6	7	8	9
Chicken & Broccoli Stromboli Fruit/Veggies/Milk B: Muffins & Cheese Stick	Chicken Soup with Breadstick Fruit/Veggies/Milk B: Cinnamon Buns	Pancakes & Sausage Fruit/Veggies/Milk B: Cereal	Ham & Cheese Sandwich Fruit/Veggies/Milk B: Yogurt Parfait	Cheese Pizza Fruit/Veggies/Milk B: Muffins & Cheese Stick
12	13	14	15	16
Macaroni & Cheese Fruit/Veggies/Milk B: Cereal Bars	Cheeseburgers with Fries Fruit/Veggies/Milk B: Cinnamon Buns	Beef Chili Fruit/Veggies/Milk B: Cereal	Chicken Caesar Wrap Fruit/Veggies/Milk B: Fruit Salad	Pepperoni Pizza Fruit/Veggies/Milk B: Muffins & Cheese Stick
19	20	21	EARLY RELEASE	22
Popcorn Chicken & Fries Fruit/Veggies/Milk B: Cereal Bars	Cheese Raviolis Fruit/Veggies/Milk B: Yogurt Parfait	Spaghetti Fruit/Veggies/Milk B: Fruit Salad	Crispy Chicken Sandwich Fruit/Veggies/Milk B: Muffins & Cheese Stick	NO SCHOOL
26	27	28	29	30
NO SCHOOL	NO SCHOOL	NO SCHOOL	HAPPY HOLIDAYS!!	

**Student meals are free.**

Milk without a meal is \$.40

Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day.  
Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:  
Hope Elementary School  
<https://k12paymentcenter.com>

## Busline League - Hope 2022-23

### Basketball Schedule

Date	Opponent	Home/Away	Time	First Game	Note
12/5	AVS	Home	3:45	Girls	
12/7	St. G	Away	3:45	Girls	
12/12	North Haven	Home	3:45	Boys	Boys only
12/14	LCS	Away	3:45	Girls	
12/16	Searsport	Away	3:45	Girls	
12/19	VH	Away	11:00	Girls	8:45/3:15 ferry
1/4	AVS	Away	3:45	Boys	
1/6	St. G	Home	3:45	Boys	
1/9	North Haven	Away	3:45	Boys	Boys only
1/11	LCS	Home	3:45	Boys	
1/18	Searsport	Home	3:45	Boys	
1/21	VH	Home	11:00	Boys	Saturday

#### **PLAYOFF DATES (see playoff rounds below)**

*Last playable date: 1/26/23*

1/30/23 - Quarterfinal Playoffs

2/1/23 - Semifinal Playoffs

2/6/23 - North Division Playoffs

2/8/23 - Small School Championship Games - Site TBD

(Waiting to hear back from Lincoln Academy)

#### **NORTH PLAYOFFS**

*All games played at higher seeded team until the North/South Championship Games*

#### **QUARTERFINALS**

Boys - 1 has a BYE, 2 vs. 7, 3 vs. 6, 4 vs. 5



## HOPE CHESS

FRIDAYS  
2 - 3 PM



STARTS JAN 13  
YURT

MR BRUCE IS BACK! PLAY FOR TROPHIES AND  
LEARN SKILLS FOR SCHOOL, SPORTS AND LIFE!  
OPEN FOR GRADES 3-8 AND K-2 WHO COME WITH  
AN ADULT WHO WILL PLAY CHESS AT HOME.

MAKE CHESS YOUR CHILD'S SECRET WEAPON!  
SEEING FUTURE MOVES TEACHES CREATIVE THINKING.  
LEARN HOW TO SEE WHAT OTHERS DON'T.  
SEE OPENINGS & PLAYS IN SPORTS FIRST.  
BUILD YOUR ARSENEAL OF PROBLEM SOLVING TOOLS.

CHESS TEACHES LOGIC:  
THE FOUNDATION OF MATH AND SCIENCE!  
COMPETITIONS PREPARE YOUR CHILD FOR LIFE.  
YOU MUST KNOW THE RULES AND KNOW WHEN TO  
ASK FOR HELP. THROUGH JUNE 16. JOIN ANYTIME!  
NO CLASS ON FEBRUARY 17 & APRIL 28!

BRUCEHAFFNER@GMAIL.COM 847-987-3091

## Covid-19 Vaccine Availability:

Pen Bay Medical Center is offering Covid-19 vaccines to children aged 5+, and adults of all ages. If this is a first dose for you or your child, walk-ins are welcome as no appointment is needed. Please see the following hours of availability:

Where:

Pharmacy at PenBay Medical Center, 6 Glen Cove Drive, Rockport

When:

Monday-Friday: 9 am – 7 pm.

Weekends/Holidays: 10 am – 3 pm.

Who:

Ages 5+, adults of all ages.

If you have had a first dose and would like a second dose or booster, please make an appointment by going to:

<https://vaccine.mainehealth.org/covid>

## 2022-23 Mid-Coast Wrestling Club

### Youth Wrestling Program

Who : Any interested boys or girls grades K-4. Kids will be separated by age and weight.

When : Tuesday and Thursday 6:15 to 7:30 starting December 13<sup>th</sup> 2022 through March 2023.

Where : Camden Hills Regional High School Wrestling Room

Cost : \$20 per participant for MANDATORY USA Wrestling Card (sign up and pay at practice).

MCWC's Youth Wrestling Program offers a fun, easy, and affordable opportunity for area youth to try the sport of wrestling. This is a good way for kids to burn off the energy that sometimes gets bottled up during the short days of winter!

Some participants may choose to attend with the club the numerous youth tournaments around the state. Tournaments are usually on Sundays. Our own MCWC Maine Youth Opener is on Sunday January 15<sup>th</sup>!

Wrestling shoes and headgear will be required equipment after the first two weeks of practice. We have some shoes that wrestlers can borrow.

NO EXPERIENCE NECESSARY. Wrestling is a safe sport (fewer serious injuries per participant than soccer or basketball) that kids of all shapes and sizes can be successful in. Please come and give it a try!

To keep up with team information flow join the Mid-Coast Youth Wrestling Facebook Group. <https://www.facebook.com/groups/362083737515834>

For more information, contact:

Taylor Crosby: 975-5097  
[Taylorcrosby9797@icloud.com](mailto:Taylorcrosby9797@icloud.com)

Aaron Henderson : 522-5252  
[aihendo66@gmail.com](mailto:aihendo66@gmail.com)

